

2015 HPTN Annual Meeting
Arlington, June 17th, 2015

Indonesia Case Study

Case Study

Index participant did not want to start ARV because he thought he had no physical complaints. He still actively injected suboxon and took benzodiazepine routinely

Role Play



The Arguments

- Participant showed resistance by minimizing his condition. Arguing of knowing exactly about HIV and ARV treatment (ART), he does not need to take additional information from the counselor
- His reasons for not taking ART at this stage:
 - Felt good of his physical condition.
 - Worried of having side effect on his skin as was experienced by his friend.
 - Unsure of his ability to access ART continuously, specifically when there is no assistance provided like in the study (SN)
 - Still actively using drugs, he believed that it would be better to start ART after completely abstinent

Counselor's responds

- Asked participant's knowledge of starting ART; reinforced about CD₄ status, VL and ART.
- Discussed possibility of side effects
- Identified potential supporters and barriers
- Informed the participant that the counselor also work as System Navigator who can help him in overcoming system barriers, including possibility to facilitate him in registering himself in health security network.

Counselor's responds (cont'd)

- Discussed participant's plan in managing his drug use behavior.
- Applied motivational interviewing techniques to accommodate participant's resistance in his belief on ART and drug treatment:
 - Developed discrepancy on participant's belief of starting ART and being abstinence.
 - Scaled participant's readiness to change his drug use behavior. Offered menu for drug treatment, including suboxone maintenance treatment.

Emerging Issues During Role Play

- Preference of using 0 to 4 scale for readiness ruler when implementing motivational interviewing than 0 to 10
- Need to add information and contact person of suboxon treatment clinic into directory of drug treatment
- Need to add information and contact person of ART treatment clinic in the nearest area of outreach site
- Need to develop our own information- education- communication (IEC) flyers and brochures related to HIV treatment and Drug treatment.