

Optimizing treatment for children and adolescents: The power of NOW

Dr. Martina Penazzato

Paediatric HIV Advisor
WHO HIV Department, Geneva

June 15th 2016



World Health
Organization



OUTLINE

➤ Yesterday

- WHO 2016 ARV guidelines (2nd edition)
- Evidence used and challenges
- Key treatment recommendations

➤ Today

- Introduction of better drug options
- Need for priority formulations
- Support development of better formulations

➤ Tomorrow

- The challenges of testing sooner and closer
- Dealing with the adolescent wave
- Innovative therapeutic strategies for investigation

OUTLINE

➤ Yesterday

- WHO 2016 ARV guidelines (2nd edition)
- Evidence used and challenges
- Key treatment recommendations

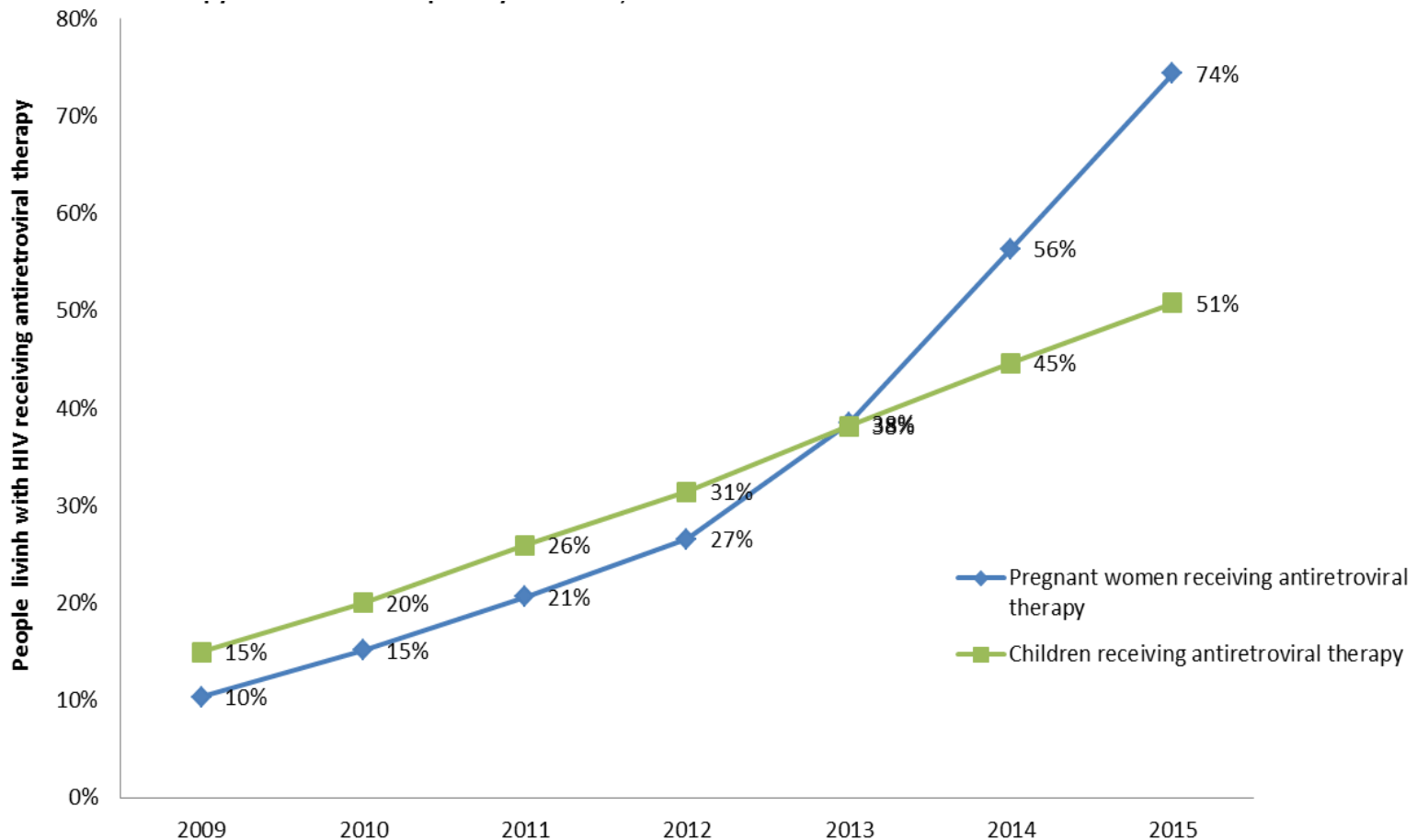
➤ Today

- Introduction of better drug options
- Need for priority formulations
- Support development of better formulations

➤ Tomorrow

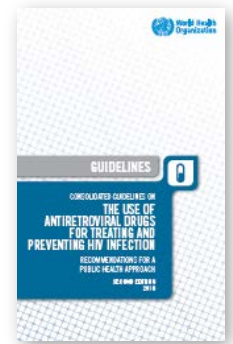
- The challenges of testing sooner and closer
- Dealing with the adolescent wave
- Innovative therapeutic strategies for investigation

Paediatric coverage still lags behind



The treatment GAP continues to exist

2015 WHO ARV Consolidated Guidelines



Test
earlier
and closer



Treat
earlier
and better



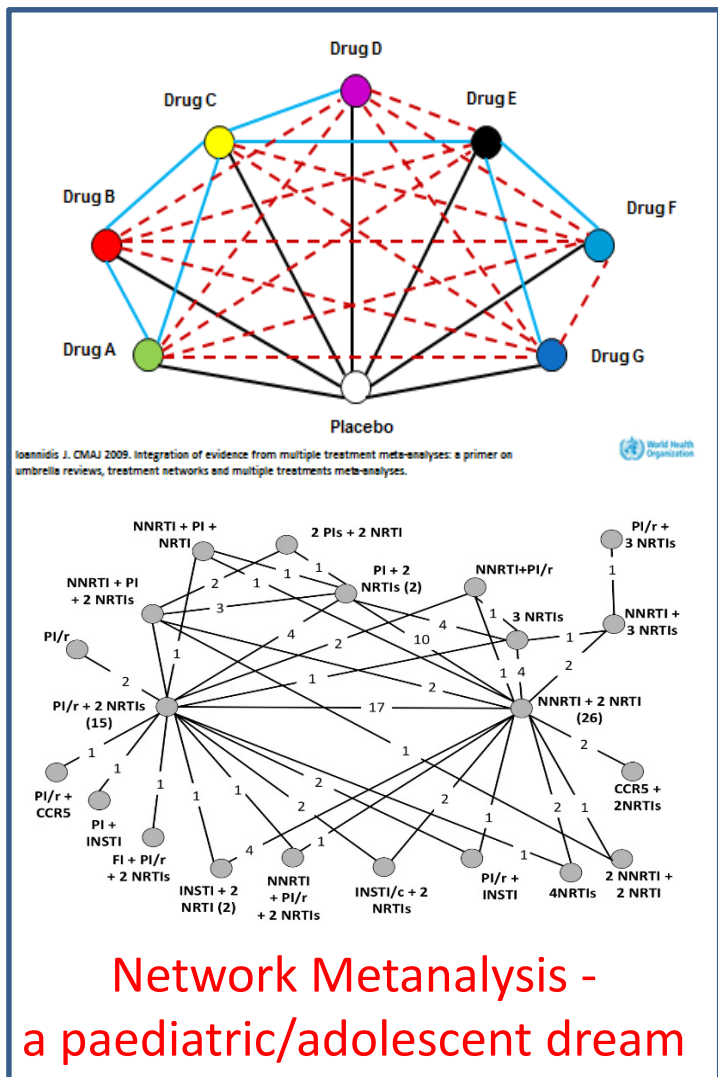
Taylor
Service
delivery

Critical tool to reach the Treatment targets

Which evidence did we use in 2015?

- leDea¹ casual modelling added to the body of evidence suggesting that earlier ART is better
- P1060² demonstrated that infants and young children need more potent regimens.
- NEVEREST³ and MONOD⁴ supported the substitution of LPVr with EFV to simplify treatment
- PENPACT-1⁵, CHAPA-3⁶ and ARROW⁷ all contributed to inform the current 1st line approach in older children
- Registrative trials⁸ and pharmacovigilance studies⁹ reassured us on the use of 2nd and 3rd line drugs

Where did we struggle?



- Adults trials do not include subjects below 18 years
- Lack of age-stratified and time-updated analysis
- Head to head comparisons are rare
- New drugs are either not approved or limited evidence exist on their use
- Critical trials became more challenging with the fast-changing policies
- Adult data drives the policy change and extrapolation is not always possible nor appropriate (ie infants)
- Programmatic needs became the biggest driver



Treat earlier and better

Offering optimal regimens in age-appropriate formulations

	Children including adolescents	First-line ART regimen	Second-line ART regimen
LPV/r-based first line	Younger than 3 years	ABC + 3TC + LPV/r	AZT or ABC + 3TC + RAL
		AZT + 3TC + LPV/r	
	3 years and older	ABC + 3TC + LPV/r	AZT + 3TC + EFV or RAL
		AZT + 3TC + LPV/r	ABC or TDF + 3TC + EFV or RAL
NNRTI-based first-line regimen	All ages	ABC + 3TC + EFV (or NVP)	AZT + 3TC + ATV/r or LPV/r
		TDF + 3TC + EFV (or NVP)	
		AZT + 3TC + EFV (or NVP)	ABC or TDF + 3TC + ATV/r or LPV/r

Complexity is unavoidable but some optimal formulations exist and more are needed to deliver the preferred regimens that maximise efficacy and minimize toxicity



OUTLINE

➤ Yesterday

- WHO 2016 ARV guidelines (2nd edition)
- Evidence used and challenges
- Key treatment recommendations

➤ Today

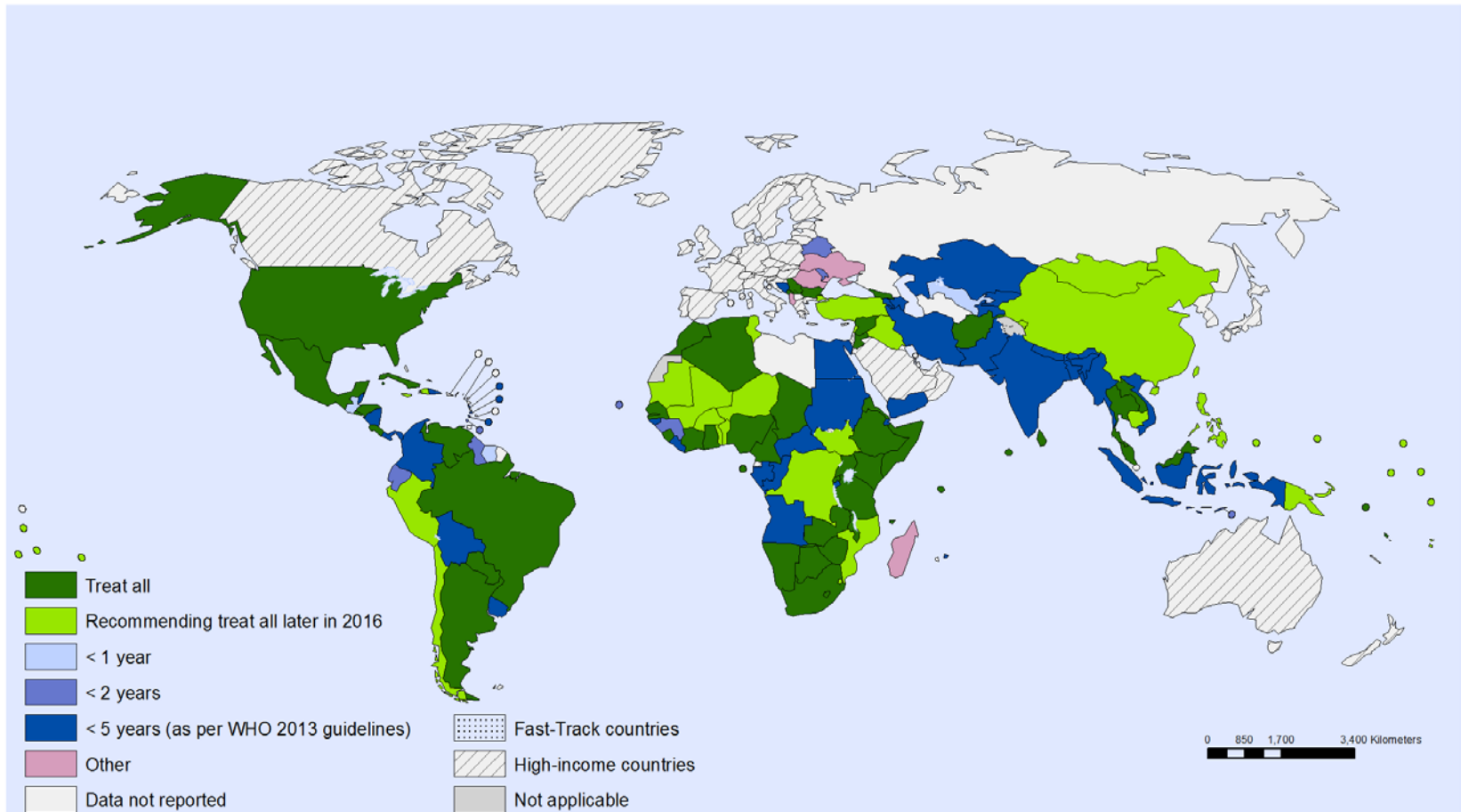
- Introduction of better drug options
- Need for priority formulations
- Support development of better formulations

➤ Tomorrow

- The challenges of testing sooner and closer
- Dealing with the adolescent wave
- Innovative therapeutic strategies for investigation

Shift to Treat All children is happening

Recommended initiation threshold among children living with HIV in low- and middle-income and Fast-Track countries as per MoH guidelines or directive (situation as of May 2016)



But suboptimal regimens are still being used

Introduction of better options doesn't happen over night



LPVr pellets

- LPV/r pellet was USFDA tentatively approved in May 2015. Approved for use from 2 weeks but no dosing for <5kg
- Palatability still not optimal
- Acceptability data from CHAPAS2
- Administration in exclusive BF and young infants below 3 months is problematic
- Feasibility data being gathered
- In country registration undergoing but happening slowly



RAL

- Full paediatric programme now almost down to neonates
- Granules formulation is not practical in resource limited settings
- Chewable tablets could be used as dispersible but bioequivalence to be demonstrated
- Limited experience in first line use for infants and young children
- No generic production and price remains relatively high

Rationale for prioritisation

LPVr 4-in-1: first line for under 3 years to address the lack of optimal formulations

EFV triple: first line 3-10 years to provide an FDC to maximise adherence and simplify procurement

ATVr and DRVr: use in 2nd and 3rd line formulations and overcome issue with separate administration of RTV

MORE DRUGS and FORMULATIONS ARE URGENTLY NEEDED (PADO PRIORITY)

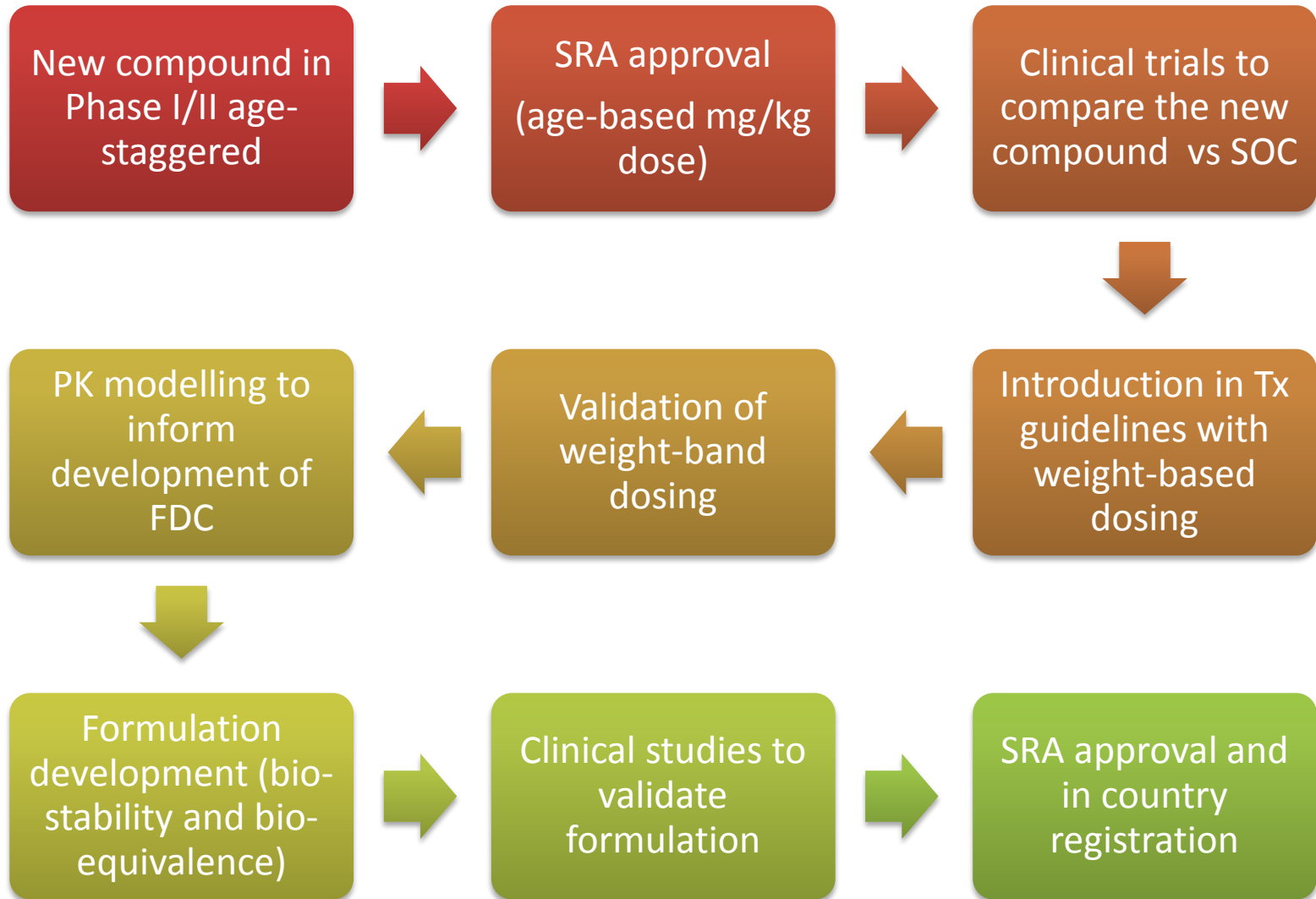
NVP

RAL I
introduction of INI for use in 1st line regimen

DTG single or FDCs: identified as key drug to introduce INI in first line with potential for harmonisation across the full age spectrum

TAF: key drug for future use in 1st line to minimise toxicity with potential for harmonization across the full age spectrum

HOW do we GET THEM?



What can we do NOW?

- Innovate trial design
- Move away from age-cohort approach
- Investigate directly weight band dosing
- Optimize the generation and use of PK data
- Include TB/Hep infected children
- Address acceptability/feasibility
- Simplify regulatory requirements
- Focus efforts on priority formulations

Integration and better coordination can be our
key to success

OUTLINE

➤ Yesterday

- WHO 2016 ARV guidelines (2nd edition)
- Evidence used and challenges
- Key treatment recommendations

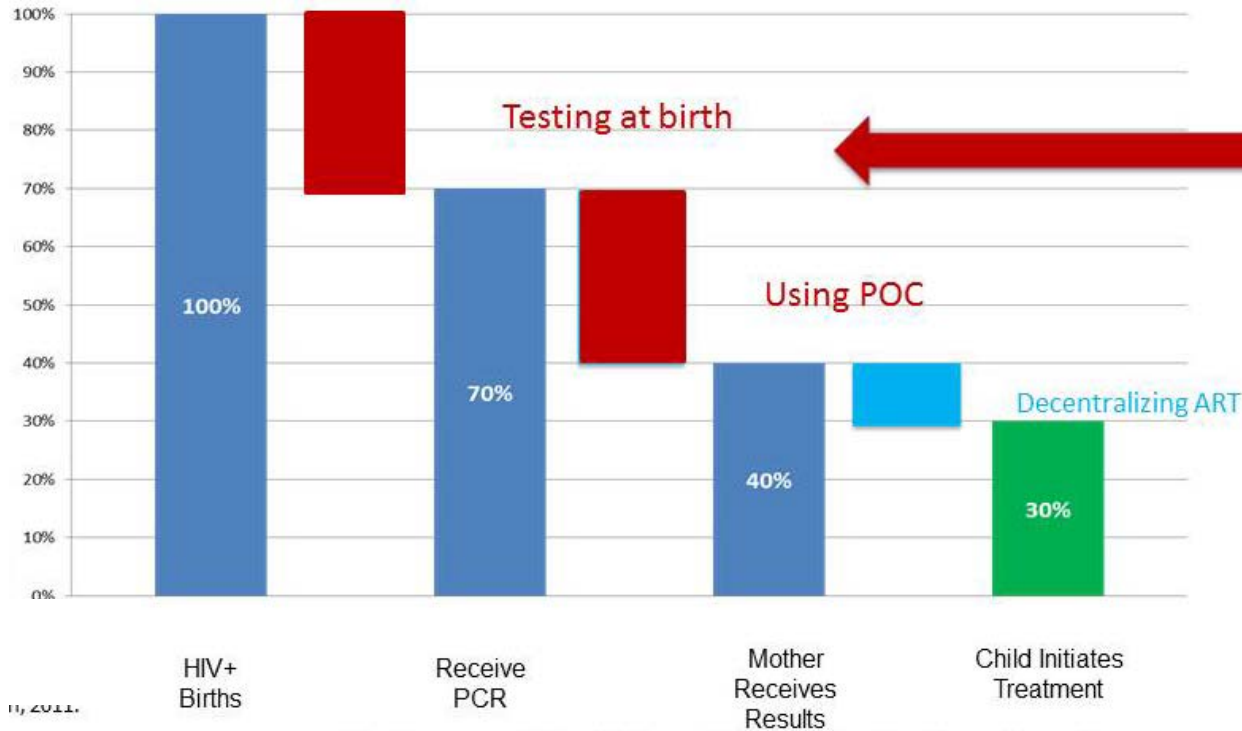
➤ Today

- Introduction of better drug options
- Need for priority formulations
- Support development of better formulations

➤ Tomorrow

- The challenges of testing sooner and closer
- Dealing with the adolescent wave
- Innovative therapeutic strategies for investigation

Testing infants earlier and closer



- Birth testing and POC introduction will lead to more neonates initiating ART
- ARV dosing in neonates still largely unknown
- Complex ART to prescribe and administer in neonates
- The right treatment is delivered where children are identified

Fewer new infections will make it harder to conduct efficacy trials and PK studies will become increasingly important

An adolescent wave to deal with

- Children started on treatment are surviving into adolescence with complex treatment histories and limited ARV options
- Adolescents have poor access to services and are at higher risk for lost to follow-up, poor adherence and rapid selection of HIVDR with limited treatment options
- Implementation of Adolescents Friendly Health Services (AFHS) is critical but probably not enough
- Injectable and implants can be attractive delivery systems to overcome inadequate adherence
- Increasing numbers of adolescents are at risk of acquiring HIV: important to consider the role new ARVs for PreP

Innovations to adolescents first and not “second” - this requires early inclusion of adolescents in drug development studies

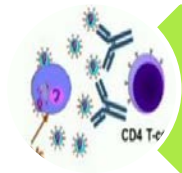
Innovative strategies are needed



Simplification strategies



Long-acting and injectable



Immunotherapy

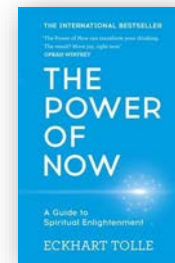


Remission

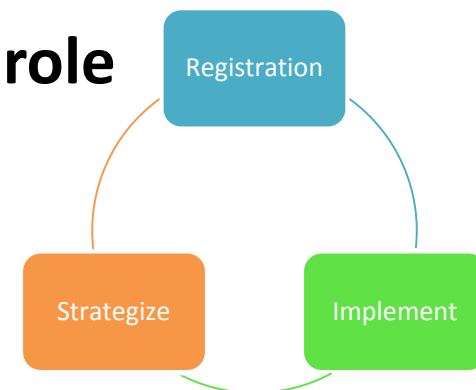
- Dual therapy (ie. DTG+3TC)
- NRTI sparing (ie. DTG/DRV)
- Cabotegravir
- Rilpivirin LA
- Neutralizing antibodies
- Therapeutic vaccine
- Early treatment
- Combination strategies

Life-long triple antiretroviral cannot be our long-term goal
(particularly in children)

The power of NOW



- **New efforts** are urgently needed: drug optimization is unfinished business
- Research networks continue to play a **critical role**
- **Strategic study design** to address multiple questions and respond to the needs of HIV-infected children where they live
- **Joining forces** can help us reach our goals faster
- **Focus and innovative** thinking about tomorrow and the strategic response required by the shifting landscape of the HIV epidemic



Elaine Abrams
Edmund Capparelli
Diana Clarke
Mark Cotton
Tim Cressey
Devasena Gnanashanmugam
Rohan Hazra
Marc Lallemand
Mark Mirochnick
Lynne Mofenson
George Siberry
Carlo Giaquinto
Shaffiq Essajee
Marco Vitoria



Thank you

