Clinical Supervision of Peer Navigators for HIV Prevention among Black Men who Have Sex with Men: Lessons Learned

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Abstract

Black men who have sex with men (MSM) are the group most heavily burdened by HIV/AIDS in the United States. Peer navigation has been utilized to improved access to health care and promote treatment adherence among those affected by HIV/AIDS. This article will explore lessons learned from clinical supervision for peer navigators in the context of the HIV Prevention Trials Network, 061 Study. A semi-structured questionnaire asked supervisors to identify challenges addressed during the supervisory process. Dilemmas addressed in clinical supervision included managing multiple roles with participant-navigator relationships, interpersonal boundaries and coping with emotions associated with exposure to participant challenges. Clinical supervisors fulfilled multiple roles in support to navigators; with focus on teaching, coaching, consultation and counseling.