### HIV and Mpox

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Information is up to date as of today and is subject to change





#### **Objectives**



#### At the end of this presentation, participants will be able to:

- Describe the epidemiology of the 2022 mpox outbreak
- Promote vaccination for those at risk of mpox
- Understand clinical presentation and management considerations for mpox
- Recognize the risk factors and spectrum of severe manifestations of mpox disease



# Background and Epidemiology





#### Background and Epidemiology



# Mpox (formerly known as monkeypox) is a previously uncommon zoonotic disease caused by virus from the Orthopoxvirus family

- Since May of 2022, sustained person-to-person transmission in multiple countries including the U.S.
- Current cases primarily spreading through sex and intimate contact among social networks of men who have sex with men; transgender people; gender-nonconforming people; and nonbinary people

#### Global Impact of Mpox



87,858

Confirmed cases

143

**Deaths** 

111

Countries reporting cases

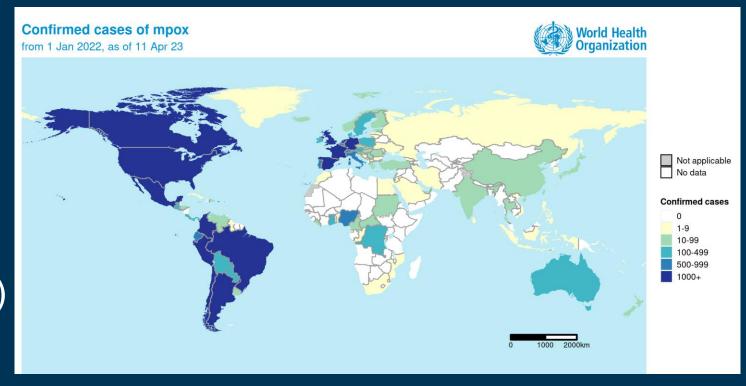
Globally, this continues to be considered a public health emergency of international concern, though cases and reporting have declined significantly since the peak of the 2022 outbreak.

#### Global Impact of Mpox



#### Top 10 Countries Most Affected by 2022-2023 Mpox Outbreak:

- 1. United States of America (n = 30,225)
- 2. Brazil (n = 10,941)
- 3. Spain (n = 7,555)
- 4. France (n = 4,146)
- 5. Colombia (n = 4,090)
- 6. Mexico (n = 4,017)
- 7. Peru (n = 3,800)
- 8. United Kingdom (n = 3,752)
- 9. Germany (n = 3,691)
- 10. Canada (n = 1,496)



# MPOX: Situation Report in the U.S. As of June 1, 2023



U.S. Cases

**Total Cases** 

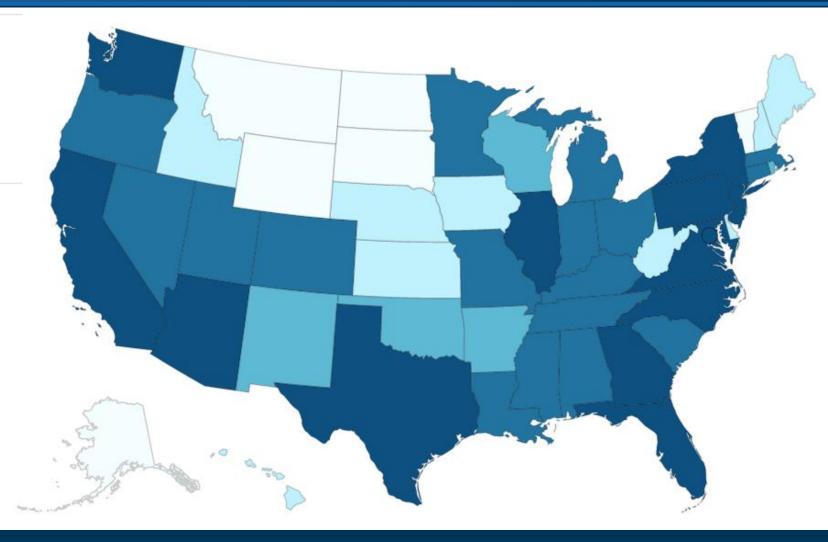
30,450

U.S. Deaths

Total Deaths

42





## Mpox among People Living with HIV (PLWH) and People Using PrEP



### Sexual Health and HIV All East Research (SHARE) Collaborative, 16 countries, HIV and Sexual Health Clinics

- Among those diagnosed with mpox
- 41% PLWH
- 33% using HIV Pre-exposure Prophylaxis (PrEP)

#### Public HIV and Sexual Health Clinic, Brazil

- Among those diagnosed with mpox
- 55% PLWH
- 32% using PrEP



### **Mpox Vaccination**





#### **Authorizations for Use of JYNNEOS**



### JYNNEOS is FDA approved as a 2-dose vaccine for persons 18 years and older

- Minimum of 28 days between doses
- Second dose can be given regardless of time elapsed, no need to repeat first dose

Vaccination of individuals younger than age 18 authorized under FDA emergency use authorization

The JYNNEOS vaccine can be administered at the same time as other vaccines

#### JYNNEOS Vaccination Coverage in the U.S.



#### Estimating persons at risk of mpox

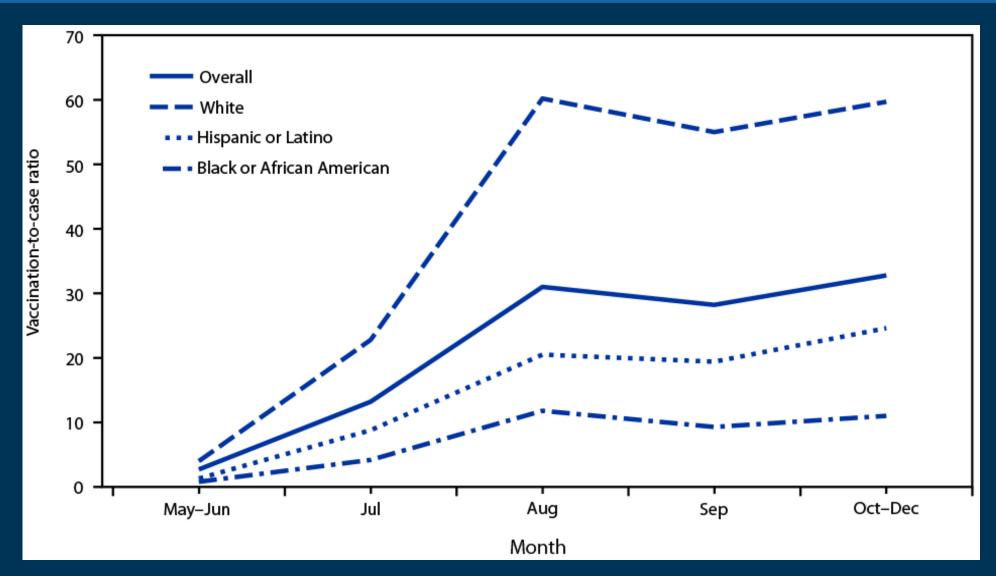
- Number of men who have sex with men on HIV pre-exposure prophylaxis (PrEP)
- Number of men who have sex with men living with HIV
- Increase by 25% to account for additional persons not in the first two categories

#### Vaccination Coverage among persons at risk of mpox

- > 1 million doses administered
- First dose coverage: 37%
- Second dose coverage: 23%

#### **Vaccination to Case Ratios**





#### JYNNEOS Vaccine Effectiveness



Study	n	1 Dose VE	2 Dose VE
Epic national data	2193 cases 8319 controls	36%	66%
Multi-jurisdictional	309 cases 608 controls	75%	86%
New York State	252 cases 255 controls	68%	76%

VE = Vaccine Effectiveness

#### **Indications for Mpox Vaccination**



### Any gay, bisexual, or other man who has sex with men, or are transgender, nonbinary, or gender-diverse person

- Diagnosed with a sexually transmitted infection (STI) in the last six months
- More than one sex partner

#### People who in the last six months:

 Has multiple or anonymous sex partners, participates in group sex, or has sex at a commercial venue or group event

Has a partner that identifies with any of the above

People with HIV infection or other causes of immunosuppression who have had recent or anticipate potential mpox exposure.

#### **Key Populations for Mpox Vaccination**



#### People living with HIV or eligible for PrEP

#### JYNNEOS as post-exposure prophylaxis

Initiate as soon as possible after mpox exposure Ideally within 4 days but up to 14 days

Providers should administer mpox vaccine as part of routine sexual health services



### Clinical Presentation





#### **Clinical Presentation in 2022**



#### Cases had atypical features

### Rash was characteristic; but often start in genital and perianal areas or orally

- Lesions might not have appeared characteristic, especially in the early stages
- Sometimes didn't disseminate to other parts of body
- Location was likely reflective of points of contact

#### **Systemic symptoms**

- Not present, mild, or appeared after rash
- Fever, headache, myalgia, lymphadenopathy, night sweats, chills

#### Clinical Presentation in 2022

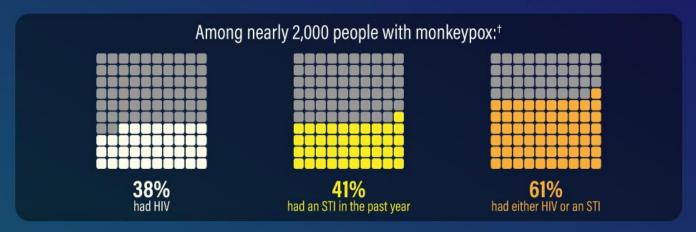


### Severe presentations could be debilitating with potential for long-term complications

- Oral
- Penile
- Anal
- Bacterial Superinfection

STIs were common

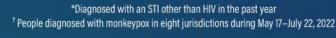
In the U.S., HIV or recent sexually transmitted infections (STIs)\*
are common among people with monkeypox



#### It is important to

Prioritize people with HIV and STIs for monkeypox vaccination

Offer HIV and STI screening for people evaluated for monkeypox





#### **Evolution of Cutaneous Lesions**





#### Lesions







Perianal, Anal, Rectal

Source: Thornhill JP, *N Engl J Med 2022.* 



# Management and Treatment





#### **Supportive Care**



### Most individuals have a disease course that will self-resolve and can be managed with supportive care

#### Some lesions can be extremely painful and can evolve quickly

- Recommend systemic pain control
- Some patients may need opioids and/or hospitalization for pain control
- Keep lesions clean and dry
- Topical benzocaine/lidocaine gels for pain
- Secondary bacterial infections are common

#### **Treatment**



#### **Proctitis**

- Can be severe and debilitating
- Stool softeners, sitz baths

#### Lesions close to the eye

- Hand hygiene, avoid touching eyes
- Stop using contacts lenses
- Trifluridine eye drops

#### **Tecovirimat for Treatment**



## Tecovirimat (TPOXX) is an antiviral medication approved by the FDA to treat smallpox disease

- Oral capsule and IV formulations
- Can be given on outpatient basis
- Must be taken with a fatty meal



#### **Tecovirimat for Treatment – When to Treat**



#### Patients with severe disease

### Patients with involvement of anatomic areas which might result in serious sequelae that include scarring or strictures

#### Patients at high risk for severe disease

- Severe immunocompromising conditions
  - People living with HIV with CD4<350 or not virally suppressed</li>
- < 8 years old</p>
- Pregnant or chest/breastfeeding patients
- Patients with a condition affecting skin integrity



#### **Obtaining Tecovirimat**



**TPOXX®** 

Inform patients about the Study of Tecovirimat for Human

**Mpox Virus (STOMP)** 

https://www.stomptpoxx.org/

- Participation is voluntary
- Telemedicine option (for U.S.)
- Clinical research sites soon to include Brazil and Peru



https://www.cdc.gov/poxvirus/mpox/clinicians/Tecovirimat.html

#### **Clinical Considerations for Mpox in PLWH**



### Mpox clinical outcomes in PLWH whose HIV is well-controlled have not been different from people without HIV

- Countries where most PLWH are on antiretroviral treatment (ART) and have high CD4s have noted no deaths or excess hospitalizations among people co-infected with mpox and HIV
- In people treated with tecovirimat for severe mpox, HIV status did not seem to affect treatment outcomes



# Severe Manifestations of Mpox Disease



#### Mpox in persons with advanced HIV



#### Global case series of 382 cases in PLWH with CD4<350

	Total (n=382)	CD4<100 (n=85)	CD4 100-200 (n=94)
Hospitalization – general ward	73 (19%)	26 (30%)	19 (20%)
Hospitalization – ICU	34 (9%)	27 (32%)	6 (6%)
Death	27 (7%)	23 (27%)	4 (4%)

Greatest disease severity, hospitalization and death in those with low CD4 (<100) and high viral load

#### Severe Disease – NYC Experience



## Mpox cases among PLWH requiring prolonged tecovirimat: provider phone calls for clinical consult (n=11)

- Mostly Black non-Hispanic young men
- Many in unstable housing in the previous year

#### **Clinical Features**

- All had high viral loads
- Most with CD4<50</li>
- Prolonged courses of tecovirimat
- Required combination therapy
- All hospitalized, some for months
- 54% died (6/11)

#### **Necrotic Facial Lesions**



#### "Burn-like" lesions

Obliteration of recognizable facial features





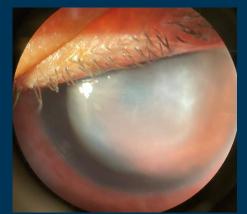
# Ophthalmologic Complications

- Eyelid eschar
- Orbital Globe Collapse
- Corneal Melt

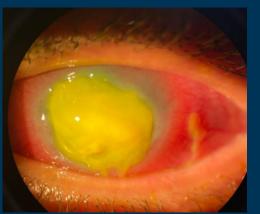




Confluent/restrictive eyelid eschar, CT scan orbital globe collapse (published)







Progressive keratouveitis with corneal melt (Unpublished)

#### Lesion progression











(A) Left Foot, Dorsal surface and Heel after debridement (left); Left foot after intralesional/topical cidofovir (right)

(B) Dorsum Left Hand (left); Left hand after intralesional/topical cidofovir (right)

#### **Severe Disease – Management**



#### Immediately start tecovirimat and ART

- Clearance of mpox requires having an immune system
- Extend treatment until lesions have healed and patient has had immune reconstitution
- This may take months

The most important treatment for mpox is ART

#### Chicago Health Alert



#### Chicago Department of Public Health







City of Chicago Lori E. Lightfoot, Mayor

www.chicagohan.org

Chicago Department of Public Health Allison Arwady MD MPH, Commissioner

#### RESURGENCE OF MPOX

Provider Update May 9, 2023

#### Summary and Action Items

- Chicago Department of Public Health (CDPH) has identified a resurgence of cases of mpox (formerly monkeypox).
- From April 17<sup>th</sup>-May 5<sup>th</sup> 2023, 12 confirmed and one probable case of mpox were reported to CDPH. All cases were
  among symptomatic men. Nine (69%) of 13 cases were among men who were fully vaccinated for mpox.

#### In Conclusion



#### Integration of sexual health care

- Take a sexual history and test for all other STIs and HIV
- Offer vaccine to all eligible people

#### Treat symptoms and consider tecovirimat

Refer patients to the STOMP Trial

### Severe manifestations have been seen, primarily among people who are immunocompromised due to HIV

- Start mpox treatment and ART immediately
- Call CDC Clinical Consult: 770-488-7100 or email eocevent482@cdc.gov

### Acknowledgments



I want to acknowledge the inspiring care, compassion, and strength of our provider community, who confronted a multitude of challenges; and the patients and their families who even in the face of incredible suffering still sought to contribute to our knowledge amidst the uncertainty of a re-emerging disease.

#### **Special Thanks:**

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**CDC Clinical Consult Team** 















## Thank you

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